

Water by Women

Lanyards for Clean-out Syringe: Simple Twisting Method

1. Measure out 4 yards of yarn.

2. Fold in half.

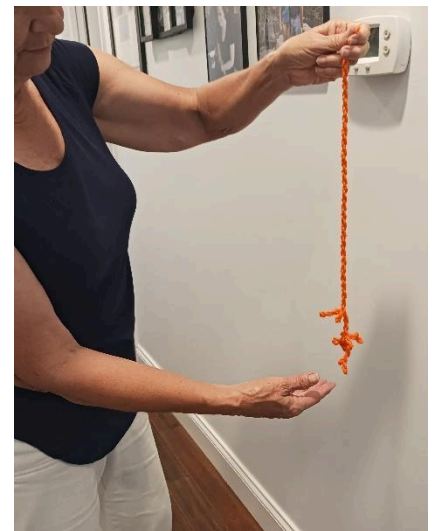
3. Clip to pants hanger or hand one end to a friend.



4. Twist till the two strands make a tight cord.



5. Fold in half again- hold the ends and let it twist around itself.



6. Pull it slightly and smooth the cord out.



7. Fold in half again and measure a 6- or 7-inch loop and tie a knot.



8. Snip the folded end of the on “looped tail” and separate into 4 “tails” of 2 strands of yarn each.



9. Put two beads on each “tail”



10. tie 3 knots leaving about 1 inch at the end.



11. And you're done.

